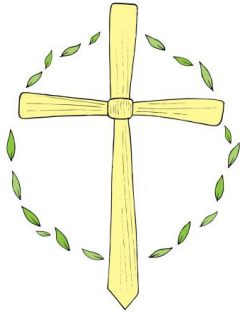


Ash Wednesday

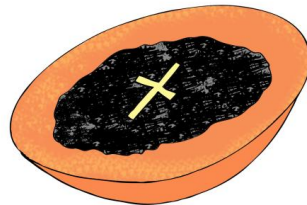
Ash Wednesday is the first day of **Lent**. It happens 40 days before **Easter**.



Some churches hold special services. The minister or priest may rub the sign of the cross on their forehead using the ashes.



This is the palm cross.



These are the ashes.

Some people **pray** a lot more during Lent.



Christians believe that during Lent they have to try and change. They need to be **kind** to others and **improve** their relationship with God.



Christians use ashes as a **symbol** of being sorry for things they have done wrong.



Christians sometimes
fast on Ash Wednesday.

This continues
throughout Lent.

Some people give up something
that they **enjoy** for **Lent**, like
chocolate.



What would you give up for **Lent**?

| Ash Wednesday Follow-Up Work | Ash Wednesday Follow-Up Work |
|--|--|
| 1. When does Ash Wednesday happen? | 1. When does Ash Wednesday happen? |
| 2. What do they use the ash for? | 2. What do they use the ash for? |
| 3. When do people pray more? | 3. When do people pray more? |
| 4. What type of text is this? | 4. What type of text is this? |
| 5. Who puts the cross on people's heads? | 5. Who puts the cross on people's heads? |
| 6. Why are the pictures useful? | 6. Why are the pictures useful? |
| 7. Have you ever given anything up for Lent? | 7. Have you ever given anything up for Lent? |
| 8. What is shown in the picture on the top of the second page? | 8. What is shown in the picture on the top of the second page? |
| 9. What would you give up for Lent? | 9. What would you give up for Lent? |
| 10. What do Christians believe they have to do during Lent? | 10. What do Christians believe they have to do during Lent? |