

How To Brush Your Teeth – Oral Teacher Questions

How many milk, or baby teeth does a three year old have? (AF2) **20.**

How many adult, or permanent teeth does the average grown-up have? (AF2) **32.**

Identify three things that teeth help us to do. (AF2) **Cut and chew food (eat), pronounce sounds (talk) and smile confidently.**

What three things can you do, to help look after your teeth? (AF2) **Brush twice a day, eat less sugar (balanced diet) and visit the dentist regularly.**

What is plaque? (AF2) **A thin, sticky film of bacteria, which coats the teeth.**

Why do you think having clean, healthy teeth helps you to smile with confidence? (AF3) **We show off our teeth most when we smile, so we can smile confidently knowing that they are nice and clean.**

Why is the equipment listed before the instructions? (AF4) **You need to gather the equipment together before you start to brush.**

These instructions are written in chronological order. Why is this important? (AF4) **It needs to be written in order so that we know to put the toothpaste on before brushing, or to spit out the excess toothpaste after brushing.**

How much fluoride toothpaste should you use? (AF2) **A pea-sized amount.**

Why should you brush your tongue? (AF2) **It freshens your breath and removes bacteria.**

Write down two words or phrases which mean the same as 'supervise'. (AF5) **Various answers including watch, manage, take charge of, control, organise.**

How would you use an egg timer when brushing your teeth? (AF3) **You could use it to check that you have been brushing for two minutes.**

Identify three imperative verbs used in the instructions. (AF5) **Children could have: squeeze, place, move, repeat, spit, cut, hold, slide or using.**

Now that you have read this advice, how are you going to improve your brushing routine? (AF3) **Various answers which relate to main points in the text, e.g. brush for longer, brush in a circular motion, brush one tooth at a time.**

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